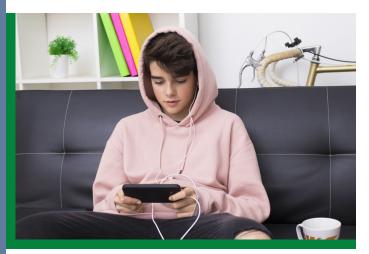


## **IN THIS ISSUE**

- Keeping Your Teen Safe: A Lawyer's Guide to Trending Dangers
- Unearthing the Stories Behind Our State Names: A Lawyer's Look at History
- Recipe of the Month: Summer Skillet Vegetable & Egg Scramble
- What's Happening In & Around Athens

## **Keeping Your Teen Safe:** A Lawyer's Guide to Trending Dangers

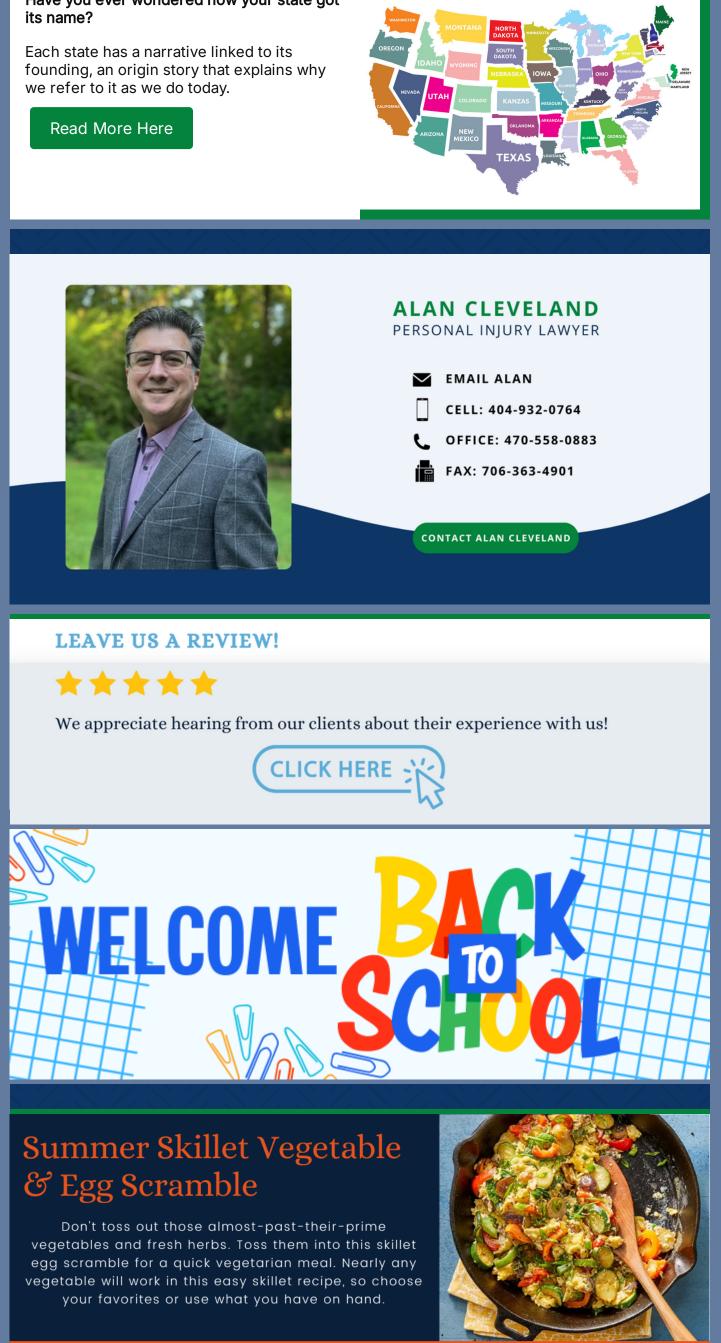


Teenage trends can have serious consequences, especially those involving bodily harm, drug abuse, or criminal activity. At R. Alan Cleveland, LLC, we think it's important to stay informed about the latest viral fads, and we've got firsthand experience with the consequences when they go wrong.

Read More Here

## **Unearthing the Stories Behind Our State Names:** A Lawyer's Look at History

Have you ever wondered how your state got



INGREDIENTS

DIRECTIONS

- 4 cups thinly sliced vegetables, such as mushrooms, bell peppers, and/or

- 6 large eggs (or 4 large eggs plus 4 egg whites), lightly beaten
- 2 cups of packed leafy greens, such as

1.Heat oil in a large cast-iron or nonstick cover and cook, stirring several times, until they begin to soften, about 8 minutes.

- the vegetables are tender and lightly the vegetable mixture to the side of the pan.
- scallion greens to the center of the pan.
- 4.Stir leafy greens into the eggs. Remove from

#### Recipe courtesy of <u>eatingwell.com</u>

## What's Happening In & Around Athens August 3 September 7 **BBQ & Bake Off Block Party** Atlanta Seafood & Caribbean Music Festival **Rocket Field** Blackburn Park Watkinsville Brookhaven September 17 August 10 September History Hour-Historic Cobbham **Empire Mills 2nd Annual Crab Boil Foundation Empire Mills** Lyndon House Arts Center Madison Athens September 21 August 17 Historic Bishop Boogie Block Party Athens Fair 5K Run/Walk

Memorial Park August 20

## August History Hour-Historic Restaurants in **Athens**

Lyndon House Arts Center

Athens

Athens

# September 27 – 28 SouthWorks National Juried Art Exhibition

Oconee Cultural Art Foundation

Watkinsville

5000 Macon Hwy

Bishop

August 24

**Athens Brewsic Fest** 

Southern Brewing Company

Athens

## **Our Office**

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## **Need More info?**

Mon: 8:30am – 5:30pm Tues: 8:30am - 5:30pm Wed: 8:30am – 5:30pm Thurs: 8:30am - 5:30pm Fri: 8:30am – 5:30pm Weekends: By Appointment

#### <u>CONTACT US →</u>

# **R. ALAN CLEVELAND, LLC**

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