



R. ALAN CLEVELAND, LLC

PERSONAL INJURY & WORK INJURY LAW FIRM

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IN THIS ISSUE

- Is Your Athens Home a Hidden Hazard Zone? Surprising Stats and Safety Tips
- Exploring Georgia's Cultural Heritage with Athen's Museums
- Recipe of the Month: *Caprese-Stuffed Chicken*
- What's Happening In & Around Athens

Is Your Athens Home a Hidden Hazard Zone? Surprising Stats and Safety Tips



We all cherish our homes as safe havens, but the truth is that accidents happen. In fact, unintentional home injuries are surprisingly common in the US, resulting in millions of emergency room visits annually.

[Read More Here](#)

Exploring Georgia's Cultural Heritage with Athen's Museums

Athens, Georgia, is known for a few different reasons: its vibrant music scene, its historic architecture, the University of Georgia, and top-tier, award-winning restaurants come quickly to mind.

[Read More Here](#)



ALAN CLEVELAND
PERSONAL INJURY LAWYER

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LEAVE US A REVIEW!



We appreciate hearing from our clients about their experience with us!

[CLICK HERE](#)



CAPRESE-STUFFED CHICKEN

Ingredients:

- 4 boneless, skinless chicken breasts
- 2 cups baby spinach
- 1 cup drained oil-packed sun-dried tomatoes, oil reserved
- 4 slices fresh mozzarella
- 1/2 Tbsp. Italian seasoning
- Kosher salt
- Freshly ground black pepper
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- Freshly ground black pepper

Directions:

- Preheat oven to 400°. On a work surface, cut a pocket into thickest side of chicken breast, being sure not to cut all the way through. Stuff each with spinach, tomatoes and their oil, and mozzarella. Season chicken all over with Italian seasoning, salt, and pepper. Secure with toothpicks.
- In a large heatproof skillet over medium-high heat, heat reserved tomato oil. Sear chicken until golden brown, about 3 minutes per side.
- Transfer skillet to oven and bake until no longer pink and an instant-read thermometer inserted into thickest part registers 165°, about 15 minutes.
- Remove toothpicks. Arrange chicken on a platter. Pour pan juices over.

Recipe Courtesy of www.delish.com



DID YOU KNOW THAT ALAN IS A CERTIFIED MEDIATOR?

With certification from the J.W Fanning Institute at UGA, he has joined the panel of distinguished neutrals at JordanADR in Athens, a registered neutral with the Georgia Office of Dispute Resolution. With 26 years of legal expertise, he brings unique qualifications to the table by virtue of his extensive trial experience. Alan is willing to perform mediations via Zoom or in person at a location of your choosing. For scheduling, please contact Jordan ADR at www.JordanADR.com or 404-480-4550.



JordanADR

Get ready for Historic Athens

MARDI GRAS

2025

Taking place on March 4th, this year's event is essentially two parties in one: New Orleans Jazz takes off at 7 pm, while Brazilian Carnival festivities get going at 9 pm.

Main event tickets cover quite a bit:
The Masquerade at 40 Watt Club, live music by Bichos Vidos and Mary and the Hot Hotty Hots, the costume contest, and dancing!

Snacks from local favorites like 5&10, Baddie's and Mamma Ning's will be available, and specialty "Cocktail" or "Full" tickets include even more!

[Purchase Tickets](#)

What's Happening In & Around Athens

February 15

[Heritage Walk: Inner East Athens with Taneisha Brooks](#)

Downtown Athens and the University of Georgia Campus

Athens

February 28 - March 2

[9th Annual Athens, GA Gem, Mineral, Fossil, and Jewelry Show](#)

Grand Hall 8, The Classic Center

Athens

March 14 -16

[Lake Oconee Food & Wine Festival](#)

The Ritz-Carlton Reynolds, Lake Oconee

Greensboro

March 22

[Heritage Walk: Sandy Creek Nature Center with Dr. Danielle Riebe](#)

Sandy Creek Nature Center

Athens

March 28 - 30

[Athens Home & Patio Show](#)

The Classic Center

Athens

April 4 - 6

[Foodees Food and Culture Festival](#)

Tanger Outlet mall

Commerce

April 11

[Georgia Rodeo](#)

Athen's Fairgrounds

Winterville

Our Office

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Mon: 8:30am – 5:30pm
Tues: 8:30am – 5:30pm
Wed: 8:30am – 5:30pm
Thurs: 8:30am – 5:30pm
Fri: 8:30am – 5:30pm
Weekends: By Appointment

Need More info?

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