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How to Handle Storm Damage



As a homeowner, you do your best to take good care of your home. Damage from a storm, however, is beyond your control and may strike out of a clear blue sky. If your home sustains damage from a thunderstorm, hurricane, or other weather events, you must follow these steps to help ensure that your claim gets paid by your insurance company.

- Contact your insurance company as soon as possible after the weather event to report the damage.
- Take photographs when it is safe to do so of all areas of your home that were damaged and of other parts of your yard or neighborhood that will show the magnitude of the storm.
- If you need to make some repairs to secure your home and prevent further damage, take photos before the repair. Save the receipts for the cost of the repair as well to get reimbursement.
- If your home is unsafe or unlivable due to storm damage, check to see if your insurance company covers the cost of having to live elsewhere or stay in a hotel. Make sure you know the parameters and keep all receipts and necessary documentation.
- A neighbor's tree falls and hits your house—what do you do? File a claim with your insurance company. Since the harm is to your home, the insurance may cover it and then go after your neighbor's company.
- When the adjuster comes to inspect the damage, walk around the house and property with him or her to point out specific damage and answer questions.
- Keep records of all communications with your insurance company and the adjuster.
- Take the time to get estimates from more than one reputable contractor to make the necessary repairs.

What Not to Do if You're the Victim of a Car vs. Bicycle or Pedestrian Accident



If you're injured by a motor vehicle while you're out walking or riding a bike, chances are you will be frightened and shook up. You must keep your wits about you because what you do immediately after the accident can have a huge impact on your case. Below are some "don'ts" if you are the victim in a bike or pedestrian accident involving a motor vehicle.

- DON'T:** leave the scene of the accident before the police arrive. Even if you don't perceive a serious injury, it's essential to have an official police report filed. The police will want to determine the series of events that led to the accident. They will talk to the driver of the car and may even issue him or her a ticket if they believe there was fault or violation of the law.
- DON'T:** neglect to give your side of the story to the police officer. It's important to have your version of what happened on record. It's not unusual for memory to become discombobulated or dissipate after a traumatic accident.
- DON'T:** refuse to get your injuries evaluated. While you may not relish a trip to the emergency room, an examination by medical professionals will create a record of any harm you sustained. Sometimes the full extent of injuries is not apparent until a few days after an accident. Follow all the doctor's instructions and make follow up or specialist appointments promptly. Keep a diary of symptoms and injuries as they develop or progress.
- DON'T:** assume all contact information for the driver and witnesses is in the police report. Get the names, phone numbers and other contact info of those involved and those who witnessed what happened. If you are injured, ask someone else on the scene to get the info for you.
- DON'T:** alter any evidence from the accident. Take photos of the accident scene (or ask someone to do it for you). Don't wash the clothes that you were wearing until a few days after an accident. Don't give your sneakers or any other items that you were wearing when the accident occurred. Don't give your helmet, bike, or any other clues to anyone other than your attorney.
- DON'T:** delay contacting an attorney to take your case. A professional and experienced attorney can help you get the compensation you're entitled to.

If you or a family member has been injured in an auto accident, truck accident, motorcycle accident, slip and fall or by any other type of personal injury, or if you have been denied Workers' Compensation, it's important to get an attorney experienced in these types of cases involved immediately. Call 470-558-0318 for your initial free consultation. Adamson & Cleveland, LLC, injury attorneys in Georgia, can help you determine whether you need a lawyer for an accident or any personal injury case.

How Do I Choose A Personal Injury Attorney



Personal relationships are important to us. It's easy to feel lost after a serious accident. When medical expenses are overwhelming, bills are piling up, and the insurance company is giving you the runaround, you need a strong advocate on your side. At Adamson & Cleveland, LLC, we are here to help.

Our compassionate personal injury attorneys take the time to get to know you and understand your needs. We care about what you're going through, and we do everything we can to take the burden off you and secure the full compensation you deserve.

Recipe of the Month Chicken and Bulgur Salad with Peaches



Fresh, seasonal, and light, this is a great meal for summer appetites. Bulgur, a quick-cooking whole grain, is perfect for time-crunched weeknight cooking. You can also substitute quinoa or whole-wheat couscous.

Ingredients

- 1 1/3 cups water
- 2/3 cup bulgur
- Cooking spray
- 1-pound chicken breast cutlets
- 1 teaspoon kosher salt, divided
- 1/2 teaspoon black pepper
- 4 cups packed arugula
- 2 cups halved cherry tomatoes
- 2 cups sliced fresh peaches
- 3 tablespoons extra-virgin olive oil
- 2 tablespoons rice vinegar

How to Make It

1. Bring 1 1/3 cups water and bulgur to a boil in a small saucepan over high. Reduce heat to medium-low; cover and simmer 10 minutes. Drain and rinse under cold water. Drain well; let dry on paper towels.
2. Meanwhile, heat a grill pan coated with cooking spray over high. Sprinkle chicken with 1/2 teaspoon salt and pepper. Grill chicken, turning occasionally, until done, 6 to 7 minutes. Remove to a cutting board. Let stand 3 minutes. Slice against the grain into strips.
3. Place bulgur, arugula, tomatoes, and peaches in a large bowl. Add remaining 1/2 teaspoon salt, oil, and vinegar; toss to coat. Divide mixture among 4 plates; top evenly with chicken.

Recipe courtesy of CookingLight.com



What's Happening in & Around Norcross

The COVID-19 pandemic has caused many large events to be cancelled or postponed. To ensure public safety, we would like to encourage you to enjoy some socially distant outdoor activities in your area.

- [Balloons Over Georgia](#)
- [Balloon Atlanta](#)
- [Go With It Farm - Huntcliff](#)
- [Appalachian Trail Rides](#)
- [NOC Chattahoochee Outpost - Johnson Ferry](#)
- [Shoot the Hooch](#)
- [Starlight Drive-In Theatre](#)
- [Northside Trail](#)

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- Friday : 8:30 am – 5:30 pm
- Weekends : By Appointment

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